



Lymphedema Support Group

Kelowna area

When: First meeting: **Wed May 26, 2021 at 7 pm**

Where: currently via ZOOM

Who: Anyone living with Lymphedema

Lymphedema is chronic swelling (edema) caused by excessive collection of fluid (lymph) in the tissues. It can occur as the result of many medical conditions, including surgery and radiation therapy.

There is no cure for lymphedema, but it can be effectively treated. The recognized standard of care for lymphedema is Complete Decongestive Therapy (CDT). CDT comprises: manual lymph drainage (MLD), compression therapy, lymph drainage exercises and skin care.

A treatment called Complete Decongestive Therapy (CDT) can ease painful symptoms.

Together we can raise awareness, support each other and provide inspiration for the future.

For more information email: vp.bcla.sm@gmail.com or visit the

BC Lymphedema Association (BCLA) website: www.bclymph.org

Our Vision:

That British Columbians know what lymphedema is and where to go for resources